Mapping Thoughts & Reality
Mapping thoughts and reality in cognitive and social literacy education and cult counseling: New dimension in preventing and curing from social dependency

Examples of maps
- Master Mind Matrix
- VUE map example
- Othello Themes

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Abstract
A mapping of thinking and reality, as a visualization method, is not something new. But occurrence of new information technologies and software give to cartographical methods not only new technical possibilities, but also open for it new horizons, including research, prevention and healing from social dependence and destructive cults.

A possibility easily and quickly to create radial or polycentric maps by means of the free software (Freeplane, Freemind, XMind, Visual Understanding Environment, Concept Map, Compendium, EDraw MindMap and others) creates the most favorable conditions not only for training critical thinking and logic, but also for visualization, structurization and fixing of emotions, associative relations, metaphors and images. The structured visualization allows to make visible, appreciably objective and even material (though virtual) thoughts, feelings, relations, relationships of cause and effect and it is much another.

The mapping method overcomes both lacks of the usual linear text, and partial methods of visualization as allows to unite in the coherent and organized picture of a word, images and communications.

The mapping allows to create rather informative and evident scheme of the interconnected elements as ideologies, and practice of this or that cult, to reveal repeating patterns and their variations in research of destructive cults. Such picture of cult «from the bird's flight» is invaluable not only for research, but also for preventive education, and also for counseling and rehabilitation of ex-cultists.

The mapping of thinking does visible all sources and threads of reasonings that gives the chance to open manipulations and sophisms in cultic texts and cultic communications. The same method very well approaches for forming of critical thinking and skills of the given reason discussion both in school and university education, and in rehabilitation of ex-cultists.

The mapping of a reality, including the biography of the client, will allow ex-cultist faster and more effectively to return to own self and to modify the world outlook according to the received experience.

There will be presented the review of possibilities of the mapping method in education and counseling on problems of social dependence and others addictions, and also some cases are described in shot.

First & Final Phrase
We can draw maps – nobody ought to trust and use them. But without maps the world is more dark and knotty.